



Consultant Psychiatrist – Adult ADHD & ASD Services

Adult ADHD Assessment & Review Services (Right to Choose & Enhanced Primary Care Hubs)

Directorate: Neurodevelopmental & Mental Health

Reports to: Clinical Lead for Adult ADHD Services

Base: Remote but with flexibility for occasional in-person meetings (Worcestershire)

Hours: Flexible sessions; remote-first with optional in person clinics (Worcester/Redditch)

Contract/Grade: £109,725 – £145,478

Pre-employment checks: Enhanced DBS Check, Medical Indemnity Required

About Vertis Health

Vertis Health is a GP-owned organisation in Primary Care Worcestershire. We deliver safe, evidence-based community services through clinician-led teams, robust governance, and practical, data-driven improvement.

Role purpose

This Consultant role provides senior clinical leadership across Adult ADHD and neurodevelopmental pathways delivered by Vertis Health. The postholder will ensure safe, NICE compliant assessment, diagnosis, medication management, and multi-disciplinary oversight, with specific responsibility for:

- Complex Adult ADHD cases
- Differential diagnosis involving ADHD, ASD, mood disorders & neurodevelopmental overlap
- Senior clinical decision-making during titration, escalation, or risk
- Governance, audit, and Shared Care adherence
- Supporting a GPlEd workforce with expert psychiatric input

The role is remote by default but may involve occasional on-site clinical activity.

Why this role exists

This post has been established to provide the senior psychiatric oversight required for safe, high-quality Adult ADHD and Autism assessment, diagnosis, and medication management within Vertis Health's expanding neurodevelopmental services. It ensures robust clinical governance, consistent expert decision-making, and safe management of complex or high-risk presentations across a primary-care led model.





About the Services

The services currently include:

- **Adult ADHD** – assessment and ongoing clinical reviews, with medication titration delivered under appropriate prescribing governance and shared care with GPs where agreed.
- **Adult ASD** – diagnostic assessment pathway delivered through an MDT model.

This consultant post provides senior clinical leadership across *both* Adult neurodevelopmental pathways, supporting a GP led model with structured MDT involvement.

Main duties and responsibilities

Clinical Responsibilities

- Provide senior psychiatric assessment for complex ADHD presentations, including diagnostic clarification and second-opinion review.
- Conduct comprehensive neurodevelopmental assessments, including ASD differential diagnosis for adults whose presentations require specialist psychiatric input.
- Lead high risk or escalated cases identified through triage, MDT, or prescribing review processes.
- Provide oversight of medication initiation, titration, and stabilisation in accordance with:
 - NICE NG87
 - UKAAN consensus methodology
 - HWICB prescribing / Shared Care guidelines
- Ensure safe prescribing practice, including:
 - End-of-course management
 - Controlled drug stewardship
 - Monitoring of cardiovascular, neurological & psychiatric risks
 - Management of side effects, diversion risks, or contraindications

MDT Leadership & Support

- Attend and/or oversee weekly MDT meetings focusing on case review, prescribing safety, and continuous quality improvement.
- Provide supervision and expert advice to GPs, MH nurses, pharmacists and non-prescribing clinicians.
- Participate in the Peer Review Framework (case audit across 10 domains).





Governance & Quality

Contribute to:

- Incident reviews & PSIRF-aligned processes
- Medicines management audits
- Quarterly and six monthly reporting
- Policy refinement and service quality improvement

Ensure adherence to:

- Safeguarding (adult)
- Mental Capacity Act & DoLS requirements
- GDPR & Information Governance standards
- Support the development and maintenance of EMIS protocols and standardised templates.

Shared Care Responsibilities

- Oversee and ensure consultant approval of readiness for Shared Care transition.
- Provide clinical signoff for cases with atypical stabilisation patterns or adverse effects.
- Ensure accurate clinical communication to GPs through EMIS and written summaries.

Remote & Digital Care Leadership

- Provide expertise in delivering safe, effective remote psychiatric assessments.
- Ensure appropriate use of AccuRX, EMIS templates, ERS referral information, and digital safety protocols.

Professional standards and safeguarding

The postholder is required to practise within professional scope, maintain registration, and follow all Vertis Health policies, NHS-aligned governance standards, and safeguarding procedures. The postholder will maintain mandatory training, attend supervision, and evidence ongoing CPD appropriate to the role.





Person specification

Essential

- GMC registration with licence to practise
- CCT in General Adult Psychiatry or equivalent
- Extensive experience diagnosing and treating Adult ADHD
- Competence in ASD differential diagnosis and management of overlapping presentations
- Experience in psychopharmacology and controlled drug prescribing
- Knowledge of NICE NG87 ADHD guidelines
- Ability to work in a remote, paper light model using EMIS
- Strong safeguarding competence (adults)

Desirable

- UKAAN training (diagnosis or titration)
- Experience in Shared Care or primary-care led ADHD services
- Experience delivering digital mental health services
- Audit / QI leadership
- Teaching and supervision experience

Additional information

This job description reflects the current commissioned scope of the Adult ADHD and ASD assessment and diagnosis pathway. The service model, tools used, and MDT arrangements may evolve in line with commissioning and governance requirements. Any changes will be implemented with clear communication, training, and supervision support.

